

Change in Routine Cards

'Change in Routine Cards' are very useful for helping students on the autism spectrum adjust to change. Below are some examples of cards, these can be adapted to individual needs. If the cards are laminated, they can be reused as necessary.

Example One:

<p style="text-align: center;"><u>CHANGE CARD</u></p> <p>Today there will be a change.</p> <hr/> <p>will change to</p> <hr/> <p style="text-align: center;">Change is okay, and I can ask for help if I need it.</p>
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Example Two:

<p><i>Today my teacher _____ is away.</i></p> <p><i>My teacher will be _____ instead.</i></p> <p style="text-align: center;"><i>This change is okay, and I am safe.</i></p>
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