

## Support Group Information : Not ASD Specific

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There are a variety of support groups around the Loddon Mallee region, or in outlying areas, that may be of interest to families.

If you have a group to add to this list, please [email](#) through group details for inclusion.

<p><b>SCAFFALD</b> <i>Supporting Children And Families For All Levels of Disability</i></p> <p><b>Around Loddon Mallee</b></p> <p>SCAFFALD is a Strengthening Parents Support Program, which assists parents and carers who have a child with a disability or developmental delay to connect with other families and the community.</p> <p><a href="#">SKAFFOLD Web pages</a> <a href="#">Email SKAFFOLD</a> Ph 1800 221 994</p>	<p><b>Men's Shed</b></p> <p><b>Around Loddon Mallee</b></p> <p>The modern Men's Shed is an updated version of the shed in the backyard that has long been a part of Australian culture.</p> <p><a href="#">Men's Shed Website</a> Ph 1300 550 009</p>
<p><b>MyTime</b></p> <p><b>Around Loddon Mallee</b></p> <p>MyTime is located in various locations. Please check the MyTime website for your closest MyTime and contact person.</p> <p><a href="#">MyTime Website</a></p>	<p><b>BOLD</b> <i>Building Opportunities for those who Learn Differently</i></p> <p><b>Bendigo Region</b></p> <p>BOLD aims to provide Support, Understanding, Information, Empowerment and Advocacy.</p> <p><a href="#">BOLD Website</a></p>
<p><b>OKAS</b> <i>Our Kids Are Special</i></p> <p><b>Echuca Region</b></p> <p>Carers who meet monthly for a social outing</p> <p>Ph 0400 571 954</p>	<p><b>Carers Australia</b> – For family carers</p> <p><b>Footscray</b></p> <p>Aim in supporting family carers by providing information, knowledge &amp; skills specifically designed to assist in the caring role</p> <p>Ph: 1800 242 636 <a href="http://www.carersvictoria.org.au">www.carersvictoria.org.au</a></p>

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<p style="text-align: center;"><b>DIVERSITY</b> <i>Same Sex Attracted &amp; Transgender Support</i></p> <p style="text-align: center;"><b>Goulburn Valley</b></p> <p>The Diversity program is funded by the Office for Youth &amp; CERSH to assist Same Sex Attracted &amp; Transgender Young People. Based in Shepparton the Diversity group holds fortnightly meetings which currently include a meal night to provide life-skills. The night involves guest speakers and has a discussion as well as a recreational focus.</p> <p style="text-align: center;"><a href="#">Diversity Web pages</a> <a href="#">Email Diversity</a> Ph 5831 6157</p>	<p style="text-align: center;"><b>PFLAG</b> <i>Parents &amp; Friends of Lesbians And Gays</i></p> <p style="text-align: center;"><b>Greater Shepparton</b></p> <p>“We are a group of parents, families and friends of gay, lesbian and bisexual people who meet once a month and offer support and friendship to families, particularly parents, and also to members of the GLBTI community who may need support in coming out to their families and friends. We offer support through public education and advocacy, to end discrimination and secure equal civil rights. PFLAG aims to provide a vital link between GLBTI people and the wider community.”</p> <p style="text-align: center;"><a href="#">PFLAG Website</a></p>
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### Other places to access contact information for Non ASD Specific Support Groups

Commonwealth Respite and Carelink Centres ph 1800 052 222