

### Why use a Social Scripts at School?

Social scripts are valuable tools to use in supporting a student on the autism spectrum. They can assist with a variety of day to day situations like transitions and understanding what is expected. Scripts can be displayed in a variety of ways, all having the same outcome. Keep them age/ability appropriate, positive and to the point.

Sample Scripts will be uploaded regularly to the website as a free download.

#### Try using them for the following:

- **Explaining a social situation**  
e.g. what happens in the yard at lunchtime or what happens in the classroom.
- **Explaining social behaviours and teaching / modelling appropriate social behaviour**  
e.g. when we go in to class we line up and walk quietly.
- **Assisting with transition and change**  
Use scripts to tell the student what the new environment / activity will be like.
- **Supporting the student with self-management techniques**  
e.g. Sometimes I feel angry, when I am angry I can .....

#### Tips to remember if you are creating your own:

- **Social scripts are sometimes best told from a personal viewpoint.**  
e.g. Tom goes to school. For some, using personalised pictures / photos can be helpful. For older children or higher functioning children, sometimes words are enough. It is important to consider the individual and what they would relate to best.
- **Social scripts should always be framed in the positive perspective**  
e.g. “Sally uses a quiet voice” – as opposed to, “Sally doesn’t use a loud voice”.
- **Social scripts should meet the need of the individual child**  
Always be sure to ‘tailor’ the scripts.